



“INTRODUCTION TO PSYCHOLOGY” SYLLABUS

Basic data of the subject	
Academic Unit:	Faculty of Education (Elementary Education)
Course title:	Introduction to Psychology
Program:	Elementary Education
Level:	Bachelor
Course status:	Mandatory
Study year:	2025/26 (Viti II- Sem III)
Number of hours per week:	3 + 2 (5 hours)
Credit value – ECTS:	6 ECTS
Time / location:	
Lecturer:	Assoc. Prof. Dr. Esen SPAHI KOVAÇ
Contact details:	esen.spahi@uni-prizren.com
Course description:	The content of the course is to form an understanding of what psychology is, its basic topics, concepts, and areas of interest, and to form a familiarity with the topics that they will see in more detail in the following years. For these purposes, the historical development of psychology, research methods, sensation and perception, learning, memory, motivation, development, personality theories and psychopathology will be covered.
Course objectives:	The aim of this course; To teach the basic concepts and application areas of psychology, to enable students to comprehend the interaction of physiology and psychology, the effects of emotion and thought processes on behavior.
Learning outcomes:	As a result of this course, the achievements of the students are stated below: (Knowledge) • Defines the concepts that form the physiological basis of behavior; explains the nervous system, neuron structure, and neural transmission processes. • Explains the basic concepts related to sensation and perception processes (sensory threshold,

	adaptation, rules of perception, difference between sensation and perception) and states the classifications. • Defines the basic concepts related to consciousness, mental processes, and psychosocial topics (states of consciousness, mental abilities, motivation-emotion, attitude-prejudice, behavioral disorders, social influence) and explains the basic relationships. (Skills) • Relates examples of behavior to the nervous system and physiological processes; interprets the relationship between neuronal transmission and behavior. • Distinguishes and analyzes sensation, perception, and states of consciousness through case examples, and compares the effects of individual differences. • Applies the steps of problem-solving and decision-making; evaluates the role of motivation, emotion, attitude, and social influences on behavior. (Competences) • Develops scientifically grounded inferences and justifies the outcomes by using biological and psychological concepts together in explaining behavior. • Demonstrates an empathy-based and ethical approach in interpersonal communication by taking into account differences in perception, emotion, and attitudes. • Recognizes social influences using basic psychological knowledge; makes conscious, responsible, and critical evaluations of behaviors. • Develops the competence to evaluate behavior multidimensionally using basic psychological knowledge.
Contribution on student load (must correspond with learning outcomes)	



Activity	Hours	Days/week	Total
Lectures	3	15 weeks	45
Exercise theoretical/laboratory	2	15 weeks	30
Practice work			
Contact with lecturer/consultations	1	15 weeks	15
Field exercises			
Mid-terms, seminars	1	15 weeks	15
Homework			
Individual time spent studying (at the library or home)	2	15 weeks	30
Final preparation for the exam	4	2 weeks	8
Time spent in evaluation (tests, quiz, final exam)	2	2 weeks	4
Projects, presentations, etc.	1	3 weeks	3
Total			150 hours (6 ECTS)
Teaching methods :	• The narration or presentation made by me, • Question answer, • Discussion, • Brainstorming, • Problem solving, • Precedent, • Case study, • Teaching and enforcement.		
Evaluation methods:	Mid-term exam and written exam will be held at the end of the semester by making use of the lecture notes, textbooks and other auxiliary materials provided by the students at the beginning of the semester. Responsibilities given to students within the scope of the course (doing research, preparing homework in		

	APA6 standards and presenting their homework, designing and presenting activities) will also be included in the exam and will be evaluated. While evaluating, 30% of the midterm exam, 10% of the homework grade and 60% of the final exam will be evaluated and the grade will be determined.
Literature	
Basic Literature:	• Psikologjia. Juniku, N. 1994. • Psikologji e Pergjithshme. Nushi, P. 1996. • Psikologjia nje hyrje koncize. Jones, T.P. Tirane. 1996.
Additional Literature:	• Psikoloji, Zeynep Cemalcılar, Anadolu Üniversitesi Yayınları. 2016. • Psikolojiye Giriş, Clifford T. Morgan, Eğitim Kitabevi. 2015. • Psikolojiye Giriş, Editör: Zeynep Cemalcılar, Anadolu Üniversitesi Yayınları. 2016. • Psikolojiyi Anlamak, Morris, Charles, Türk Psikologları Yayınları. 2015. • Psikolojiye Giriş, Rita ve Richard C. Atkinson, Arkadaş Yayınları. 2019. • İnsan ve Davranış, Doğan Cüceloğlu, Remzi Kitabevi. 1991. Theses related to the course topics and articles published in scientific journals from YÖK's official website will also be used as an auxiliary resource.

Designed study plan:		
Week	Lectures	Exercises
<i>First week:</i>	Definition of Psychology;	Presentation, Question answer, Discussion,



<i>Second week:</i>	Different Interests and Application Areas of Psychology; Different Approaches in Psychology	Question answer, Discussion, Brainstorming,
<i>Third week:</i>	Physiology and Behavior: Physiological Basis of Behavior	Presentation, Question answer, Discussion,
<i>Fourth week:</i>	Our Nervous System; Neurons and Nerve Current	Question answer, Discussion, Brainstorming,
<i>Fifth week:</i>	Sensory Processes, Sensation Threshold	Question answer, Discussion, Brainstorming,
<i>Sixth week:</i>	Perception; Detection Rules; Sensation Perception Difference; Individual Differences	Brainstorming, discussion, drama activity and role playing
<i>Seventh week:</i>	Consciousness; Different States of Consciousness	Brainstorming, discussion, drama activity and role playing
<i>Eighth week:</i>	Midterm Exam	
<i>Ninth week:</i>	Mental Abilities, Problem Solving, Decision Making	Discussion, Brainstorming, Problem solving, decision making activities
<i>Tenth week:</i>	Motives and Emotions	drama activity and role playing
<i>Eleventh week:</i>	Expressing Emotions	drama activity and role playing
<i>Twelfth week:</i>	Attitudes and Prejudice	discussion, drama activity and role playing
<i>Thirteenth week:</i>	Behavioral Disorders and Possible Causes	Question answer, discussion, brainstorming,
<i>Fourteenth week:</i>	Social Effects on Behaviors	discussion, drama activity and role playing



<i>Fifteenth week:</i>	General Review, preparation for the final exam	Question answer
Academic policies and rules of conduct:		
• Students are free to ask questions and provide opinions • They can participate in activities that can be done according to the subject of the lesson. • It is forbidden to use the phone during class hours and exams • They are required to attend the class on time If the attendance rate is 80% during the semester, the student can participate in the midterm and final exams.		